



LUNCH WEEK 1 MFNU



MAIN EVENT

MEAT-FREE MAGIC **Vegetarian Dish**

RATNBOW ALLEY Vegetables and Salads

Topped Pasta

BIG TOPPING Filled Jacket



PICK AND MIX

Pudding

TROLLEY

Toffee Sponge and Custard

MONDAY

Chicken & Vegetable

Meatballs in Tomato

Sauce with Pasta

Twirlers

Sweet Chilli Vegetable

Stir Fry with Whole

Grain Rice

Mixed Salad or

Sweetcorn

Jelly & Fruit Slices

Tropical Pineapple Crumble and Custard

Orange Cookie

Cut fruit, yoghurt and jelly available every day

Mild Chicken Curry with Whole Grain Rice

TUESDAY

Cheesy Broccoli Pasta Bake

Green Beans or

Carrots

and Gravy

Homemade Cheese and Leek Sausages with Mashed Potatoes

WEDNESDAY

Sausages with

Mashed Potatoes

and Gravy

Wedges Tarka Dhal Curry

(Veggie Lentil Curry) with Whole Grain Rice

Peas or

Carrots

Daily salad bowl and freshly baked bread available every day

Broccoli or

Sweetcorn

Hot Pasta topped with Homemade Tomato Sauce

Crispy Skin Jacket Potatoes

with Cheese or Beans

Pick & Mix Packed Lunch Freshly filled sandwich or roll, healthy snack, home bake dessert & cut fruit



Autumn/Winter 2023/2024: 4/9, 25/9, 16/10, 6/11, 27/11, 18/12, 8/1, 29/01

THURSDAY

BBO Drizzle Pizza with Baked Potato

FRIDAY

Golden Fish Fingers or Salmon Fingers with Chips

> Pizza Margherita with Chips

Baked Beans or Peas

Vanilla Ice Cream





LUNCH WEEK 2 MFNU



MATN EVENT

MEAT-FREE MAGIC **Vegetarian Dish**

KAINBOW ALLEY Vegetables and Salads



BIG TOPPING Filled Jacket







Banana Sponge Cake and Custard

MONDAY

All Day Breakfast

Brunch

Sausage, Egg, Hash

Brown and Beans

All Day Veggie

Breakfast Brunch

Veggie Sausage, Egg,

Hash Brown and Beans

Baked Beans or

Sweetcorn

Jammy Crumble Bars

Apple Crumble and Custard

Orange Jelly

Cut fruit, yoghurt and jelly available every day

TUESDAY

Pizza Margherita with Baked Potato Wedges

Golden Vegetable **Fingers with Baked** Potato Wedges

Super Veggie Pie Vegetable, Lentil and Onion Pie with Mash

WEDNESDAY

Minced Beef and

Onion Pie with Mash

Mexican Bean Wrap with Whole Grain Rice

Green Salad or Peas

Carrots or Cauliflower

Sweetcorn or Green Beans

Daily salad bowl and freshly baked bread available every day

Hot Pasta topped with Homemade Tomato Sauce

Crispy Skin Jacket Potatoes with Cheese or Beans

Pick & Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake dessert & cut fruit



Autumn/Winter 2023/2024: 11/9, 2/10, 23/10, 13/11, 4/12, 25/12, 15/1, 5/2

THURSDAY

Chicken Chow Mein (Noodles)

FRIDAY

Golden Fish Fingers with Chips

Cheesy Sweetcorn Pizza with Chips

Baked Beans or Peas

Vanilla Ice Cream







LUNCH WEEK 3 MFNU



MATN EVENT

MEAT-FREE MAGIC **Vegetarian Dish**

RAINBOW ALLEY Vegetables and Salads



BIG TOPPING Filled Jacket



PICK AND MIX



Pudding

Watermelon Wedge

Chocolate Crunch and Custard

Oaty Apple **Crunch Slice** Strawberry Jelly

Cut fruit, yoghurt and jelly available every day

MONDAY

Hot Dog with Baked Potato Wedges

Vegetarian Shepherd's Pie

Green Beans or **MIxed Salad**

TUESDAY

Tomato & Roasted Vegetable Pasta Bake

> Mixed Vegetable Korma with Whole Grain Rice

> > Broccoli or Peas

WEDNESDAY

Roast Gammon with Roast Potatoes and Gravy

> Baked Mac n Cheese

with Baked Potato Wedges **BBO** Drizzle Pizza with Baked Potato Wedges

> Peas or Sweetcorn

Daily salad bowl and freshly baked bread available every day

Carrots or

Cauliflower

Hot Pasta topped with Homemade Tomato Sauce

Crispy Skin Jacket Potatoes with Cheese or Beans

Pick & Mix Packed Lunch Freshly filled sandwich or roll, healthy snack, home bake dessert & cut fruit



Autumn/Winter 2023/2024: 18/9, 9/10, 30/10, 20/11, 11/12, 01/01, 22/01, 12/02

THURSDAY

Pizza Day! Veggie Supreme Pizza

FRIDAY

Golden Fish Fingers with Chips

Golden Vegetable Fingers with Chips

Baked Beans or Peas

Vanilla Ice Cream